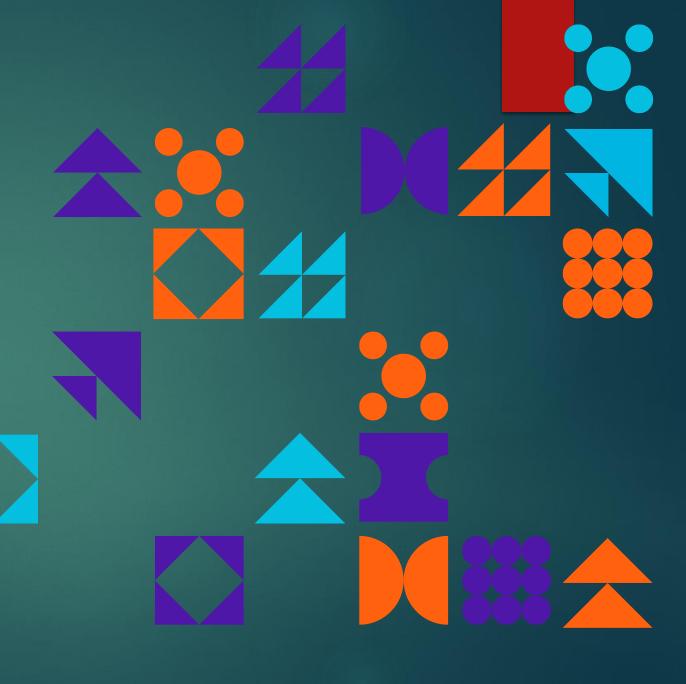


Christchurch Branch
November Event

YOU CAN'T BE WHAT YOU CAN'T SEE: THE POWER OF NETWORKING, RESILIENCE, AND MENTORSHIP

► Marie (Maz) Willman





Sign-in Sheet You can't be what you can't see: the power of networking, res ilience, and mentorship.



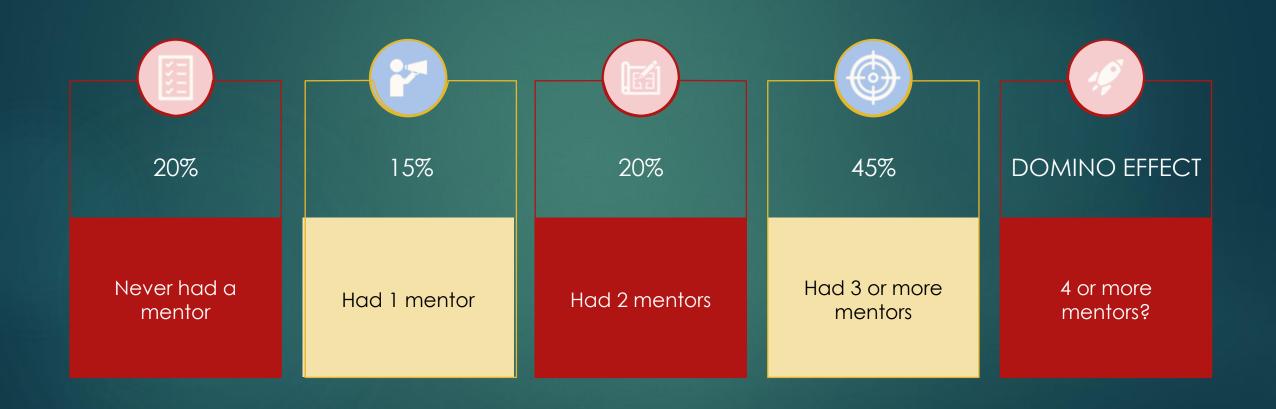


# Mentorship

- FROM INSIDE OR OUTSIDE YOUR ORGANIZATION / INFORMAL OR FORMAL
- BRAIN TO PICK, EARN TO LISTEN AND A PUSH IN THE RIGHT DIRECTION
- LET'S CONTINUE YOUR LEGACY WITH YOUR HELP



## How many people have mentors?





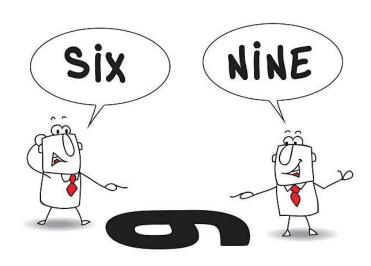
# Networking

- START BY MAKE MEANINGFUL CONNECTIONS WITH THOSE YOU ALREADY WORK WITH
- USE DIFFERENT PLATFORMS TO GET YOURSELF OUT THERE
- THINK OUTSIDE THE BOX
- LET'S GO FOR COFFEE!



## Mental health

- MENTORSHIP CAN HELP PEOPLE BEYOND THE WORK ENVIRONMENT
- ANXIETY: OVERSHARING, REASSURANCE SEEKING, AND PEOPLE PLEASING
- CREATE A SAFE SPACE



# Perspective

- TAKE EVERY OPPORTUNITY
- APPRECIATE WHAT YOU'VE GOT, EVEN ON THE BAD DAYS HERE IN NZ
- PROVE YOUR WORTH



## Donuts

- SOME PEOPLE SEE WHAT THEY WANT AND HOW TO GET THERE
- OTHERS SEE WHAT PREVENTS THEM FROM GETTING WHAT THEY WANT
- 78% OF PEOPLE VOTED MENTORSHIP OVER AND ABOVE ACADEMIA, SALARY AND COMPANY FOR THE DRIVER OF SUCCESS.

# THANK YOU Any Questions?

MARIE (MAZ) WILLMAN

#### PMINZ Mentorship Programme

A PMINZ Mentoring Handbook was launched in 2017 to outline the PMI Mentoring Programme and its structure for PMINZ members.

After the Handbook's release, four regional coordinators were trained, and the program was actively promoted to our members.

Members interested in participating as mentors or mentees are required to complete an Expression of Interest form. The coordinator then matches mentors and mentees, and an initial meeting is held where an agreement is signed.

Typically, meetings are held on a monthly basis, though they can be adjusted to meet individual needs. The mentoring period usually spans 6 to 9 months as a guideline.

Ian Paterson (<a href="mailto:lan@pmi.nz">lan@pmi.nz</a>) is the mentoring coordinator for PMINZ. Please reach out if you would like to know more about the programme.

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#### Upcoming events

https://pmi.org.nz/ christchurch-branch/



Project Managem Institute. New Zeala

#### **Artificial Intelligence for Project** Managers: Are You Ready?

Artificial intelligence (AI) is finally coming into its own. Technologies ...

07 NOV

12:00 PM – 1:30 PM

Online Only



REGISTER



#### The UN SDGs - Everyone's Business to move forward faster before 2030

Introducing the United Nations Global Compact (UNGC) and focusing



22 NOV

(L) 6:30 PM - 7:30 PM

Online Only

≪

REGISTER



#### Christchurch Ignite Change – A day of collaboration & learning

Empowering Local Non-Profits Organizations (NPO) The PMINZ Christchurch branch is organizing ...

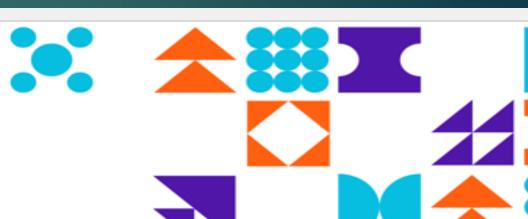




Hagley Golf Club Cafe Harper Ave, Central City, Christchurch

### Happy Project Management Day





Ignite Change: Empowering Local Non-Profits Organizations

A Day of Collaboration, Learning, and Overcoming on November 25th

https://pmi.org.nz/events/christchurch-ignite-change-a-day-of-collaborationlearning/

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